



Patient information about supplies for people with diabetes in Jersey

From 20 November 2019, obtaining diabetes supplies from the Diabetes Centre at Overdale will gradually be phased out.

The first time that you have a consultation with your GP after this date, they will arrange for you to obtain these supplies (at no cost) from a pharmacy of your choice.

All GPs have been informed about the new service.

This leaflet explains the new process for the collection of your diabetes supplies from your chosen pharmacy.

What is changing?

In the future, you will only be able to collect your diabetes supplies from a community pharmacy, as supplies will no longer be issued by the Diabetes Service at Overdale. You should choose a pharmacy which you can get to easily, then register with that pharmacy to collect your diabetes prescription medicine, as well as your diabetes supplies.

The types of diabetes supplies you'll be able to get free from the pharmacy will include:

- lancets
- needles
- syringes
- testing strips
- libre sensors

You will only be entitled to free supplies if you are registered; registering with a pharmacy improves the service the pharmacist can offer you.

For more information on this service, including pharmacy details and products available, please visit: gov.je/diabetes or speak to your GP.

Getting your diabetes supplies

The new process for collecting your diabetes supplies is as follows:

- When you know you are going to need supplies soon, you must contact your GP surgery, or ask the doctor or nurse at your next scheduled appointment at the Diabetes Centre. They will complete a referral form with you.
- The form will tell the pharmacist how often you need to test your blood glucose and explain the types of diabetes supplies you require.
- Then, you should take the completed form to your chosen pharmacy.

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- The pharmacy will add you to their register and make a note on their computer of the supplies you need.
 - The amount of supplies given to you each time will depend on the number of times you need to test your blood glucose levels each day.
 - Your pharmacist will give you help and advice on monitoring your blood glucose levels.
 - **Important:** If you change to a different pharmacy at a later date, you will have to re-register with the new pharmacy. You cannot register with multiple pharmacies to collect your supplies.

Glucose meters:

On a yearly basis, your chosen pharmacy will offer you an appointment, free of charge, for a medicines use review and to check your glucose monitoring.

If your blood glucose meter stops working, or is broken, you should return it to the Diabetes Centre for a replacement.

Sharps bins:

- New sharps bins may be collected from your chosen pharmacy.
- Full sharps bins should be returned to the Diabetes Centre.
- Please ensure that you do not overfill your sharps bin. When returning your full sharps bin to the Diabetes Centre, please ensure the lid is securely sealed. This is to prevent anyone handling your sharps bin from getting a needle stick injury.

Using your diabetes supplies safely:

- Always wash your hands with water prior to testing your blood glucose and avoid soap and sanitising gels.
- Always check the expiry date on your test strips and diabetes medications.
- Always use a new lancet for each blood glucose test.
- Always use a new needle for each injection.
- Always rotate your injection sites as recommended by your Health Care Professional.
- Always dispose of your used needles and strips in the sharps bin provided.
- Never put used needles in your general household rubbish.

All information is held in accordance with Data Protection (Jersey) Law 2018, and as such is stored securely and accessed only by those administering your healthcare.



This service has been designed and developed with help from **Diabetes Jersey**.

Diabetes Jersey is a Jersey-registered charity (no: 110) and a member of the Association of Jersey Charities.

The charity's patron is His Excellency the Lieutenant-Governor of Jersey, Sir Stephen Dalton.

The main aim of the charity is to seek to ensure that those with the condition of diabetes in Jersey are receiving the best treatment and service.